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Une revue de la portée sur l'inclusion des proches dans les soins palliatifs et de fin de vie de personnes âgées : Quelques pistes d'interventions !

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DÉCLARATION DE CONFLITS D'INTÉRÊTS

Financement

- Chaire de la famille Blanchard pour l'enseignement et la recherche en soins palliatifs
- Chaire de recherche en soins infirmiers à la personne âgée et à la famille
- Faculté des sciences infirmières de l'Université de Montréal
- Fonds de recherche du Québec - Santé
- Ministère de l'Enseignement supérieur
- Réseau québécois de recherche en soins palliatifs et de fin de vie

Affiliations

- Association canadienne de gérontologie (Comité étudiant)
- Centre de recherche de l'Institut universitaire de gériatrie de Montréal (employée)
- Réseau québécois de recherche en soins palliatifs et de fin de vie (Comité étudiant)



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OBJECTIFS D'APPRENTISSAGE

À la fin de cette présentation, vous serez en mesure de...

- 1) Décrire un aperçu de l'état des connaissances sur l'inclusion des proches dans les soins palliatifs et de fin de vie
- 2) Identifier des pistes d'interventions qui pourraient promouvoir l'inclusion des proches dans les soins palliatifs et de fin de vie



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PLAN DE LA PRÉSENTATION



1. Mise en contexte



2. Protocole en bref



3. Résultats

1. MISE EN CONTEXTE : L'ÉQUIPE



**Jérôme
Leclerc-Loiselle**
(Sc. Inf. UdeS)



Audrey Lavoie
(Sc. Inf. UdeM)



Anne Bourbonnais
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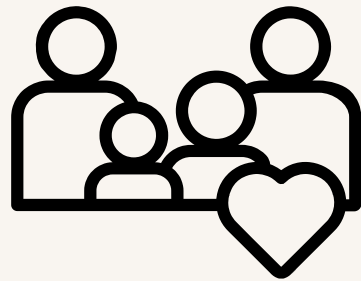
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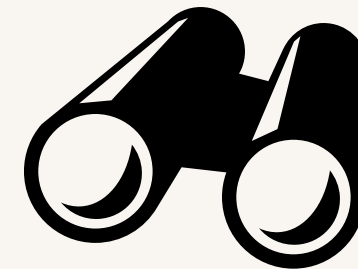
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1. MISE EN CONTEXTE : QUESTIONNEMENTS ?



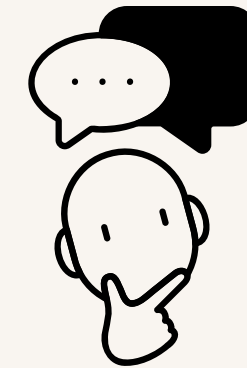
Pourquoi le sujet ?

- Doctorat sur le contexte soins de fin de vie en hébergement
- Peu de connaissances



Pourquoi la méthode ?

- Projets exploratoires qui font le plan (*map*) systématiquement de la documentation disponible sur un sujet donné



Pourquoi m'y intéresser ?

- Approche palliative



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2. PROTOCOLE EN BREF



- Questions de recherche
 - Comment ?
 - Facteurs ?
 - Impacts ?
 - Interventions ?
- Personnes âgées 60 ans + en SPFV
- Concept d'inclusion central
(p.ex., engagement, implication)
- Tous les milieux
- Total de 63 écrits* sur 10919 (2021)



3. RÉSULTATS

QUESTION 1: QU'EST-CE QU'ÊTRE INCLUS ?





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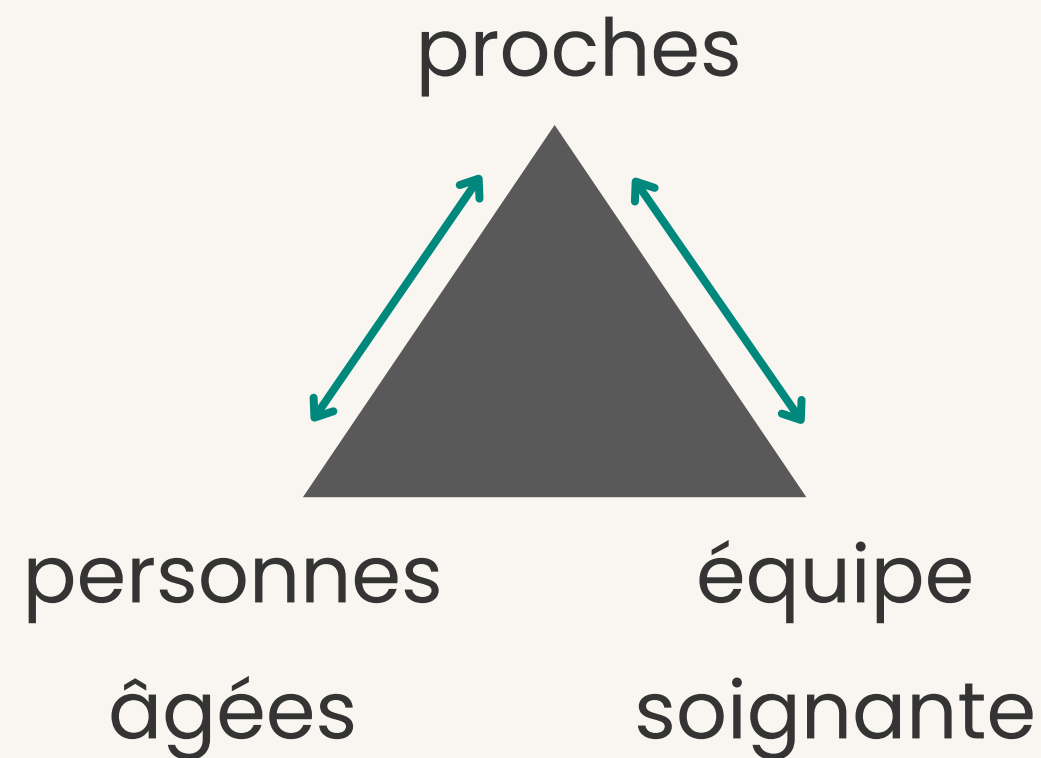
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3. RÉSULTATS

QUESTION 2: FACTEURS D'INFLUENCE ?

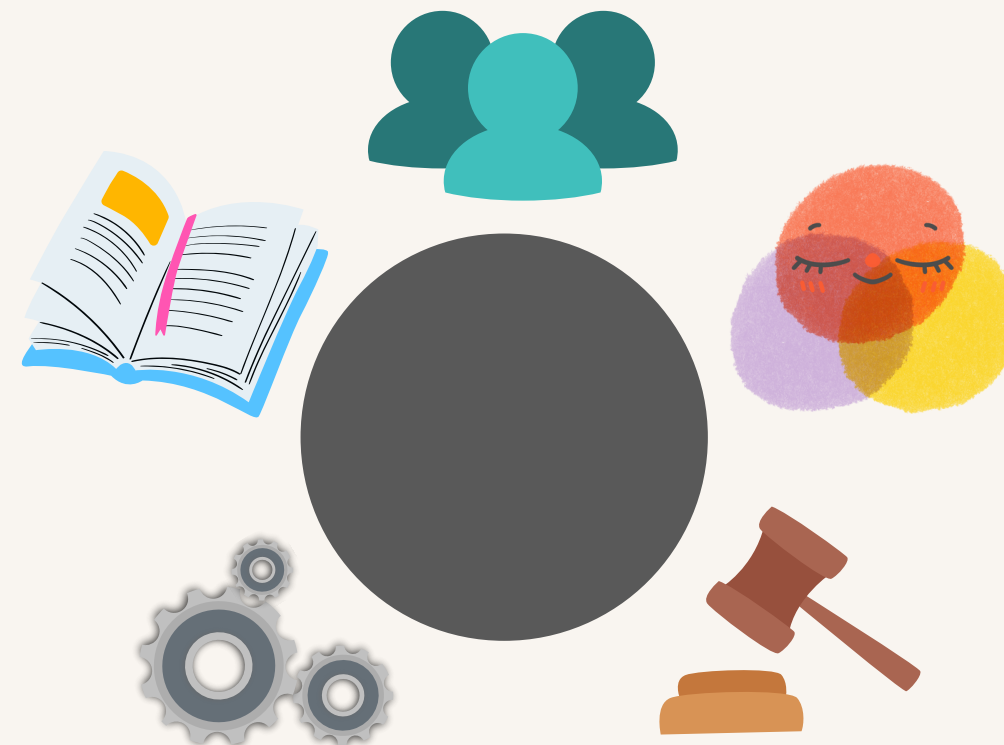
Dynamiques de relations

1,2,4,6,8,10-13,15,16,18,27,29,31-35,37,38,41,43,44,46,48,49,52,53,57



Ressources

1,9-15,18-21,23-27,29-39,42,43,46-48,50-53,55,58,59



Disponibilité

1,9-13,15,19,20,29,44,50,53,58

Individuel

- répit
- emploi
- proximité
- Repriorisation

Culture

- visites
- tabou



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3. RÉSULTATS

QUESTION 3: INTERVENTIONS ?



Inclusion des proches (6) ^{41,59-63}

- Formation (p.ex., séminaires soins collaboratifs, formation continue sur la communication)



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RÉSUMÉ:

PISTE D'INTERVENTIONS ?

1. Améliorer la communication en prenant en compte:
 - Beaucoup de façons que les proches peuvent être inclus
 - Souhaits sont variés
2. Formation est une avenue
3. Dynamiques dans les relations et les ressources peuvent faciliter l'inclusion
 - Développer des relations de confiance
 - Reconnaître le rôle
 - Mettre en place des ressources à disposition des proches

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